

Where to go

Still not feeling ready for the transition?

Do you have some unanswered questions?

So, what can you do?

Speak with your parents, older siblings, teachers or classmates about your transition to secondary school, and if it helps, take this booklet with you to discuss the relevant topics.

Self-help tools:

Take time out to consider how you're feeling and what you need to help you prepare. How possible is it for you to manage independently? Where may you need further help and who can help you?

Think of the good things you can bring with you to secondary school, such as your skills, talents, manners. Use the holidays to relax, recoup and also to reflect on the things you may not want to carry into your secondary school experience; lateness, forgetfulness etc.

Your entering into a new and exciting phase of your life, enjoy and all the best of success for your future!



THINK
Positive



Year 6 Transition Booklet



So, you're moving from primary to secondary school?

You've spent the last few years watching year 6's exit whilst moving up the year group ladder and now it's finally your turn!

Leaving primary school may be quite an exciting, and yet nervous experience for you. Perhaps you're uncertain of what to expect, maybe you've been filled with information which has you anxious, or maybe you're cool, calm and collected... either way moving to high school will include a lot of changes and new experiences for you.

This booklet is jam packed with information and activities and is designed to help you to think about some of the changes you will experience in your move to high school. Hopefully this booklet will give you the opportunity to explore your feelings around these changes whilst helping you to prepare for them.

Hopefully you will find this booklet both thought-provoking and a useful guide.... But not forgetting FUN!

Enjoy!



Place 2 Reflect



List 2 things you have in place to prepare you for secondary school (can be shopping, visited school etc.):

List 2 things you need to do to prepare for secondary school:

Can you identify a strength that you have and will carry into secondary school? (think of your talents and personality)

Are you aware of anything you would like to change before secondary school (e.g. do you struggle to wake up?):

How are you feeling about going to secondary school?

Equipment word search

Who doesn't get excited about new equipment? Well, some people do! Before starting secondary school, you will do a fair

bit of shopping, below you will find a word search which includes some of the items you will need. How many can you find?

p	e	n	c	i	l	c	a	s	e
e	d	w	a	v	x	o	b	h	y
n	r	s	l	p	a	l	i	a	j
p	e	n	c	i	l	o	y	r	o
v	k	h	u	c	e	r	j	p	o
n	l	k	l	g	t	s	i	e	u
s	d	i	a	r	y	t	u	n	t
l	d	g	t	w	c	n	o	e	r
b	a	g	o	n	b	a	l	r	e
m	n	e	r	a	s	e	r	c	f

Pencil case

Pen

Calculator

Eraser

Sharpener

Colors

Diary

Pencil

bag

Can you think of more equipment you will need? Don't forget about P.E. equipment as well! List items here:

About my schools

Current School

Primary School name:

Place photo here

Me in my primary school uniform

New high school

Secondary School name:

Stick on a drawing of your secondary school blazer badge

More about my new school

My school address is:

My new head teacher's name is:

My form tutor is:

I need to be at school by: _____ am

School finishes at: _____ pm

The day I start school is _____ September



To get to school on time I will need to leave home by:

_____ am

I will be travelling to school by:

Just for thoughts: 'What is different about your journey to secondary school compared to your current journey to primary school and how do you feel about it?'

Note any thoughts here



Friendship

Making new friends can be one of the things year 6's worry about with the move to secondary school, especially if they are moving to a different school from their current primary school friends. Here are some tips for friendships:

- Being friendly always helps (it's easier to approach someone who is friendly)
- Don't listen to or spread rumors about others (many times they are not true, but are very hurtful)
- It might be nice to get to know new people, not just sticking with the ones you know
- Willingness to let others into your friendship groups is a kind thing to do
- Talk with others about shared interests

Your thoughts...

Are you going to your new school with friends? YES/NO

How would you describe yourself? (please tick)

Easy to make friends

Hard to make friends

Not really bothered

I'm happy in my own company

What helps you to make friends? _____

Remember... Treat others how you would like to be treated!

School Rules

Another important but perhaps boring (a bit like homework) thing to mention are school rules. Yep we must have them. Whilst they may feel like the teacher's way to stop you from having fun, they are actually there to keep you, other children, staff and the school premises safe.

When you get to secondary school you will be notified of the school rules, and possibly given a form to sign with your agreement to follow them.

Rules will be in place for classrooms, corridors, the playground and for how we treat each other. Can you match the rules and where they may apply?

No running To other people and equipment

Be respectful In corridors or classrooms

Wear correct uniform When representing the school

What other rules do you think your new school may have?

What do you think happens when pupils break rules?

New school questionnaire

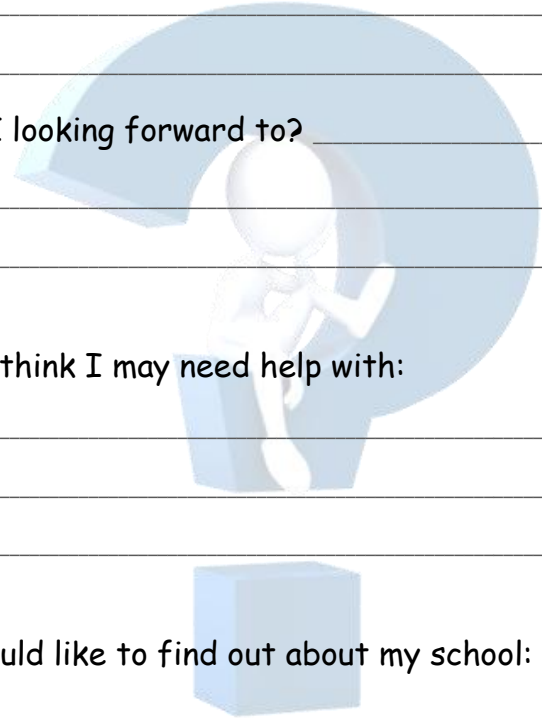
What do I think my new school will be like?

What am I looking forward to?

3 things I think I may need help with:

What I would like to find out about my school:

Two facts I have learnt about my school (*your chance to investigate*):



School preparation station

Secondary school can feel a little scary, it's bigger than primary school and there are a lot of classrooms and subjects to get used to. Some year 6's worry about getting lost or being late for lessons... here's some handy tips to help you navigate your way around.

- A school map is useful in helping you find your way around the building.
- Find out who's in the same classes as you and navigate together (not only can 2 heads be better than 1, but you'll also make a friend)
- Save the talking and playing until break times and move promptly between lessons

Timetables In September you will be given a timetable, this is very important as it informs you of the lessons you have each day and therefore gives some idea as to what equipment you need to bring along with you. It tells you the times of each lesson and what classroom it will be held in, timetables usually have the initials of the teacher you will have also.

- Stick your timetable in your diary, keep a copy in your room and hang/stick one up somewhere if you can
- Pack your bag (including P.E. kits) the night before
- Keep all equipment in good condition e.g.; clean kits, pens with ink, pencils sharpened

Homework!!

That dreaded word! Yes, it had to be included and whilst it may not be the most exciting part of your transition to high school, it is rather important and something you will be required to do.

Teachers are quite strict when it comes to homework and unfortunately the 'dog ate it' excuses don't usually work! Homework allows you to practice what you have learnt in school and it also helps teachers to see how much you really understand what they have taught. You may also be pleased to hear that homework helps to reduce the amount of work you do during school as it could never all be covered within the current lesson time.

- Where possible complete homework on the evening it is set and not wait until the night before its due in
- Priorities homework that is due in the at the earliest date
- Find a quiet and clean space to work in
- Remember presentation and effort count even outside the classroom!

How much time do you think you will spend on homework each week? (ask older friends and family about their experience)

